

Short Notice

Government Medical College & Hospital, Bhandara Invitation for Quotation – Supply of Patient Diet

Quotations are invited from eligible suppliers for the **supply of patient diet** to the Government Medical College & Hospital, Bhandara.

- **Tender Reference No.:** Outward No/dean office/1366/2026 Date: 23/03/2026
- **Issue Date** 23/03/2026
- **Submission Deadline** 30/03/2026
- **Scope:** Daily supply of patient diet as per prescribed nutritional standards and hospital requirements.
- **Eligibility:** Registered suppliers with proven experience in hospital/healthcare catering services.
- **Bid Format:** Quotation to be submitted in sealed cover with rate schedule.
- **Submission Address:** Office of the **Dean, Government Medical College & Hospital, Bhandara**

Detailed terms and conditions are available at the office of the Dean.

Note: The Dean reserves the right to accept or reject any quotation without assigning reasons.

DEAN
GOVERNMENT MEDICAL COLLEGE AND HOSPITAL
BHANDARA



Invitation for quotation for supply of patient diet

Office: Dean Government Medical College and Hospital Bhandara.

Sealed quotations are invited from eligible, experienced and registered vendors and caterers for the preparation and supply of patient diet to admitted patients in Government Medical College and Hospital Bhandara.

* Scope of work:

1. Preparation and supply of hygienic, nutritious and balanced diet to indoor patients.
2. Diet to be provided as per hospital dietary schedule (Normal diet, Liquid diet, diabetic Diet, High- protein diet etc.).
3. Supply to be ensured daily (including Sundays and holidays).
4. Maintenance of cleanliness, food safety and quality standards as per government norms.

* Eligibility Criteria :

1. Registered firm/vendor with valid license (FSSAI registration mandatory).
2. Minimum 5 years of experience in hospital/institutional catering.
3. Capability to supply diet for approximately 60 patients per day.
4. Compliance with hygiene and food safety standards.

* Terms and Conditions:

1. Rate should be quoted per patient per day (diet-wise if applicable).
2. The vendor must ensure quality, timely delivery and adherence to dietary instructions.
3. The contract will be initially valid till tender availability/ extended based on performance.
4. The hospital reserves the right to accept or reject any or all quotations without assigning any reason.
5. Payment will be made as per government rules after verification of services.

* Submission Details:

1. Quotations should be submitted in sealed envelope superscribed as ' Quotation for Patient Diet supply'.
2. Last date of submission: 30/03/2026. Up to 5 PM.
3. Submission address: Office of the Dean, GMC, Bhandara

* Documents to be attached;

1. Copy of registration certificate.
2. FSSAI license.
3. Experience certificates.
4. PAN card and GST registration.
5. Adhar card
6. Cancelled cheque


Dean

*** Normal Diet:**

1. Morning: Tea / Milk + Biscuits
2. Breakfast: Poha / Upma / Dalia / Idli.
3. Lunch: Chapati / Rice + Dal + Vegetable + Salad
4. Evening: Tea + Biscuits.
5. Dinner: Chapati / Rice + Dal + Vegetable + Salad

1. Liquid Diet: (1)

Milk
Soup
Fruit Juice
Coconut Water
Buttermilk

2. Semi-Solid Diet:

Khichadi
Dalia
Curd rice
Soup + Soft rice
Shira / Thin upma

3. Diabetic Diet:

Sugar free tea/Milk
Jowar / Bajara chapati
Boiled vegetables
Salad
Fruit (limited quantity)

4. High Protein Diet:

Milk / Curd / Panir.
Dal, Legumes
Egg / Chicken.
Dry Fruits (limited)

5. Special Instructions:

Change diet as per doctor's advice
Maintain hygiene.
Control salt, sugar, oil.



रुग्ण आहार तक्ता (Diet Chart)

१. साधा आहार (Normal Diet)

सकाळ चहा / दूध+बिस्किट

नाश्ता: पोहे / उपमा / दलिया/कडनी

दुपारचे जेवण: चपाती/ भात+डाळ+भाजी+सॅलड

संध्याकाळ : चहा+बिस्किट

रात्रीचे जेवण: चपाती/भात+डाळ/भाजी

२. द्रव आहार (Liquid Diet)

दुध

सूप

फळांचा रस

नारळ पाणी

ताक

३. अर्ध-द्रव आहार (Semi-solid Diet)

खिचडी

दलिया

दही भात

सूप+मऊ भात

शिरा/पातळ उपमा

४. मधुमेही आहार (Diabetic Diet)

साखर विरहित चहा/दुध

ज्वारी/बाजरी चपाती

उकडलेली भाजी

सॅलड

फळे (मर्यादित प्रमाणात)

५. उच्च प्रथिनयुक्त आहार (High Protein Diet)

दूध/दही/पनीर

डाळ, कडधान्य

अंडी/चिकन

सुके मेवे (मर्यादित)

विशेष सूचना

डॉक्टरांच्या सल्यानुसार आहार बदलावा

स्वच्छता राखावी

मीठ, साखर, तेल नियंत्रित करावे.

Patient Diet Supply Schedule

Meal	Items (Sample)	Nutritional Requirements (Approx.)
Breakfast	Milk (200 ml), Bread/Chapati (2 pcs), Boiled Egg/Vegetable Upma, Seasonal Fruit	350–400 kcal, 15 g protein, balanced carbs
Mid-Morning Snack	Fruit Juice (150 ml) / Fresh Fruit	100–150 kcal, vitamins & minerals
Lunch	Rice/Chapati (2–3 pcs), Dal (150 g), Seasonal Vegetables (150 g), Curd (100 g)	500–600 kcal, 20 g protein, fiber
Evening Snack	Tea/Milk (150 ml), Biscuits (2 pcs)	100–150 kcal
Dinner	Chapati/Rice (2–3 pcs), Dal (150 g), Seasonal Vegetables (150 g), Salad	450–550 kcal, 18 g protein
Bedtime	Milk (150 ml)	100 kcal, calcium & protein

Notes:

- Menu items may be rotated daily to ensure variety.
- Diet must comply with hospital nutritionist's guidelines.
- Special diets (diabetic, renal, pediatric, etc.) to be supplied as per medical instructions.
- All food must be hygienically prepared and delivered fresh.